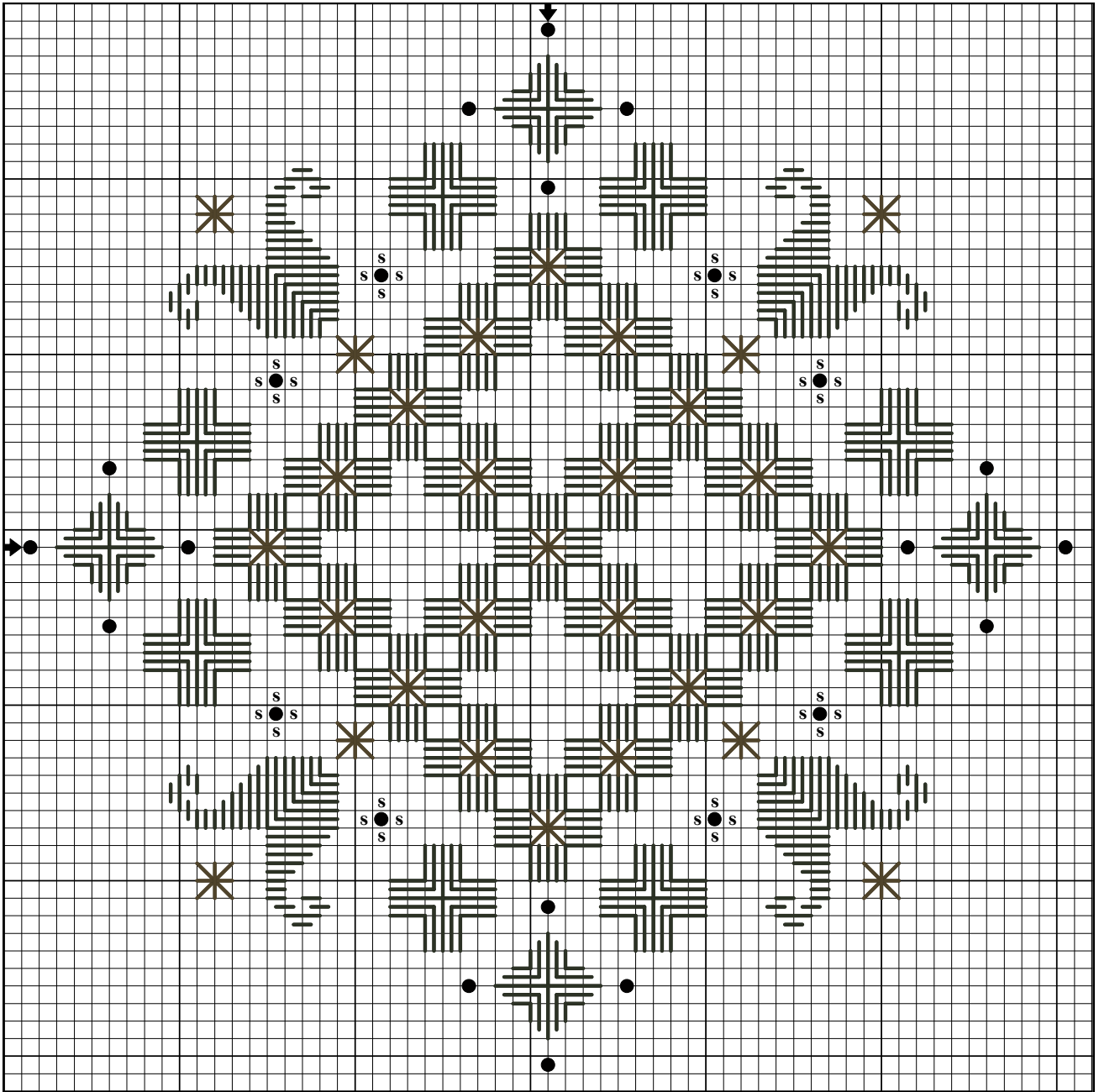
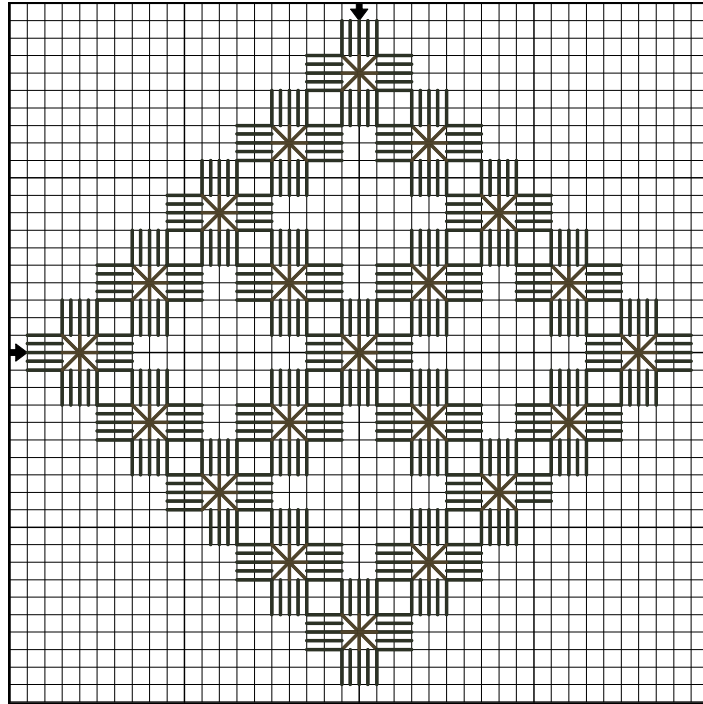


Sweet Dreams Freebie





Stitching Instructions

Please note

Every square on main charts = 2 fabric threads
1 line on diagrams = 1 Strand on fabric

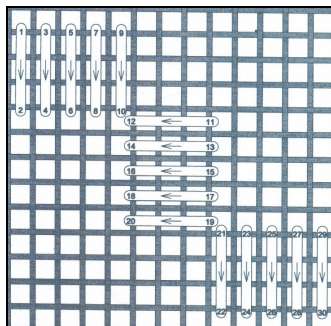
Wash hands and prepare your chosen fabric and frame as we look at the chart

Starting with a waste knot. Make a large knot in thread at end bring thread from front to back of fabric leaving knot on front approx 3" to 3½ half inches from your start point (see below) make sure the underneath thread is not covering an area you wish to stitch over. Weave this thread under the kloster blocks to produce a secure start as you finish with every length of thread.

We are going to stitch the top group, of the four groups of kloster stitches. Find the central point of your fabric and count up 38 strands and 2 strands across on the fabric for your starting point.

Begin stitching the kloster blocks first using Angel Wing Perle no 8. Stitch completing each set of 4 kloster blocks, returning to the point you started, as demonstrated below.

kloster Blocks

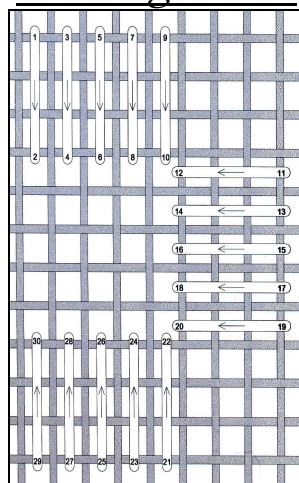


Come up at 1 count over 4 threads on the fabric and down at 2
 Come up at 3 count over 4 threads on the fabric and down at 4
 Come up at 5 count over 4 threads on the fabric and down at 6
 Come up at 7 count over 4 threads on the fabric and down at 8
 Come up at 9 count over 4 threads on the fabric and down at 10

Come up at 11 count over 4 threads on the fabric and down at 12
 Come up at 13 count over 4 threads on the fabric and down at 14
 Come up at 15 count over 4 threads on the fabric and down at 16
 Come up at 17 count over 4 threads on the fabric and down at 18
 Come up at 19 count over 4 threads on the fabric and down at 20

***Important, always count and check the stitches of your kloster blocks constantly as you stitch.*

Turning corner



When you have completed the 6th set of kloster blocks turn and stitch another 5 sets of kloster blocks and carry on using this method till you reach your start point. Be careful when turning the corner to place the needle in the correct placing as it is very important for when we cut.

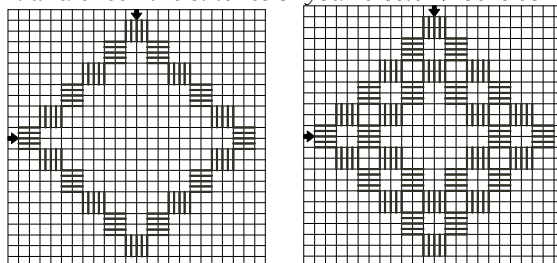
Come up at 11 count over 4 threads on the fabric and down at 12
 Come up at 13 count over 4 threads on the fabric and down at 14
 Come up at 15 count over 4 threads on the fabric and down at 16
 Come up at 17 count over 4 threads on the fabric and down at 18
 Come up at 19 count over 4 threads on the fabric and down at 20

Come up at 21 count over 4 threads on the fabric and down at 22
 Come up at 23 count over 4 threads on the fabric and down at 24
 Come up at 25 count over 4 threads on the fabric and down at 26
 Come up at 27 count over 4 threads on the fabric and down at 28
 Come up at 29 count over 4 threads on the fabric and down at 30

***We never pass the thread directly from 20 to 22 as you would be able to see the thread after cutting or even worse cut the thread its self which would then make the klosters unravel! Always follow the formation of

Come up at 19 and down at 20
 Come up at 21 and down at 22

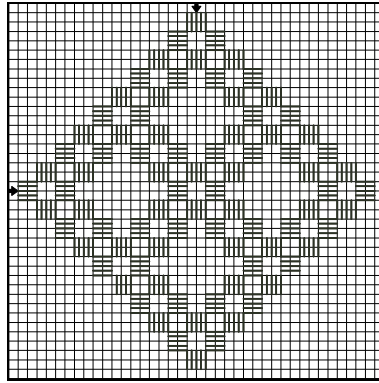
***Important, always count and check the stitches of your kloster blocks constantly as you stitch.*



Carry on till you reach your starting point using the same method referring to the above chart.

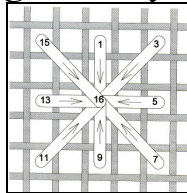
Now stitch the inner kloster blocks using the same method, therefore completing the top kloster section. Remember check and recheck your counting.

Now stitch the second set of the four kloster blocks the same method as demonstrated above.



Stitch the third and fourth kloster group section to complete the middle kloster section of the design.

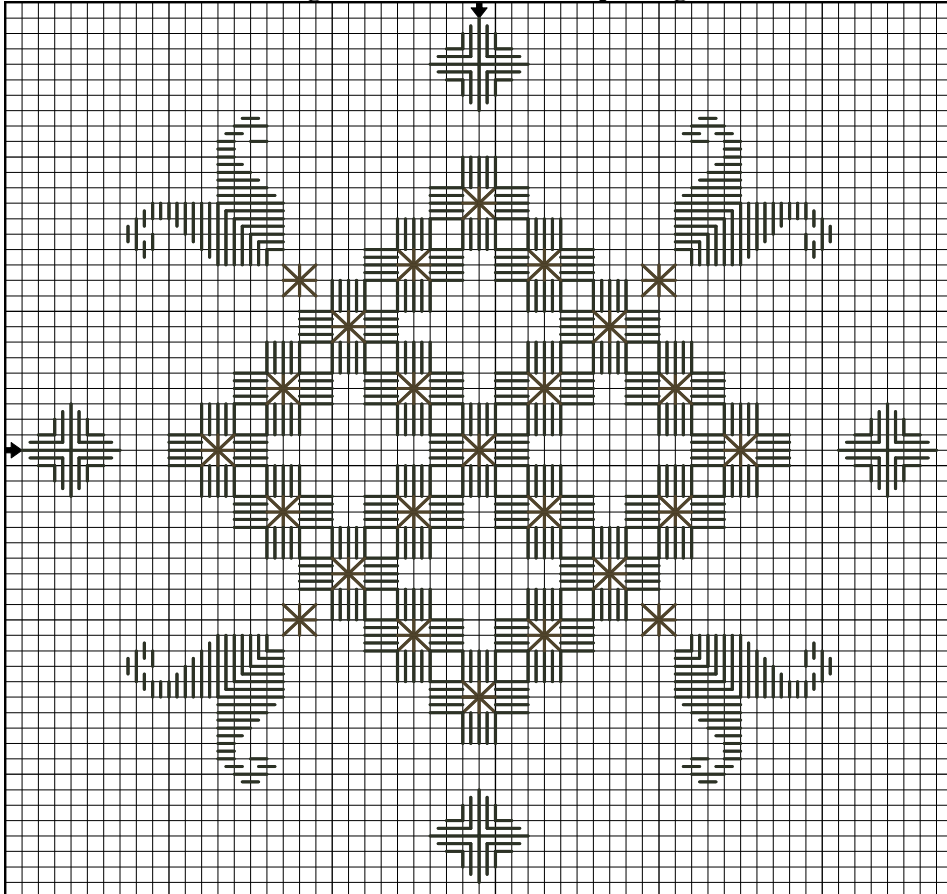
Algerian Eyelet



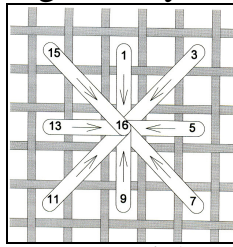
20 Ice Pink

Stitch with 1 strand

Begin at 1 and working through to 16 in the direction and thread count demonstrated in diagram. Refer to chart for placing



Algerian Eyelet

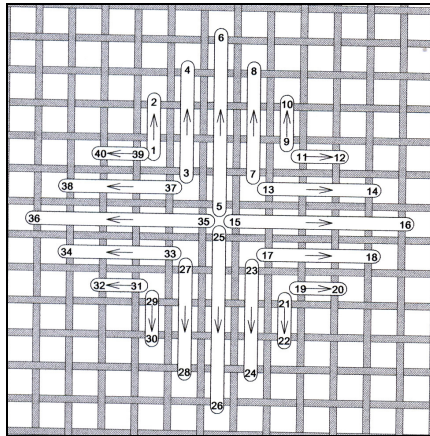


20 Ice Pink

Stitch with 1 strand

Begin at 1 and working through to 16 in the direction and thread count demonstrated in diagram. Refer to chart for placing.

Diamond Motif

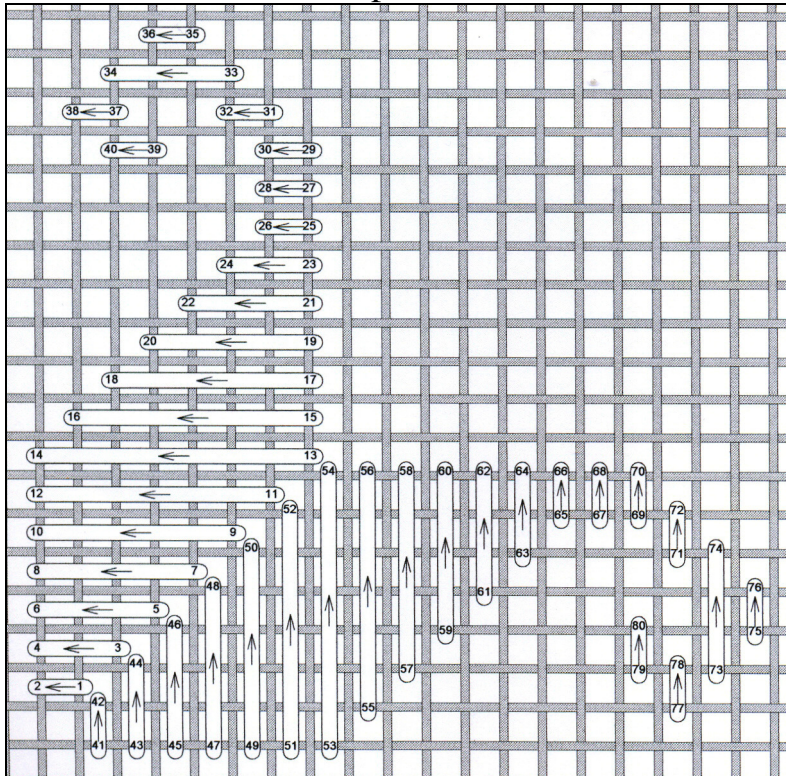


20 Ice Pink

Stitch with 2 x strands

Begin at 1 and working through to 40 in the direction and thread count demonstrated in diagram. Refer to chart for placing.

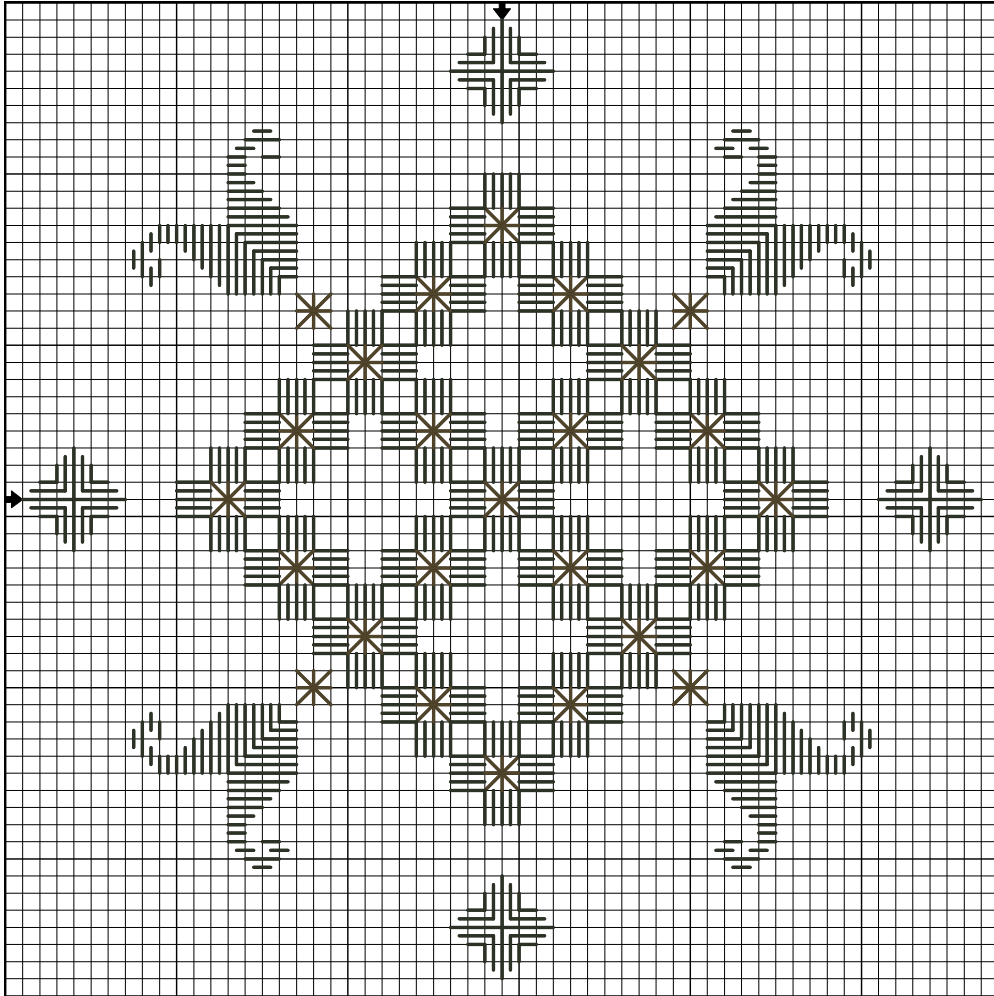
Tulip Motif



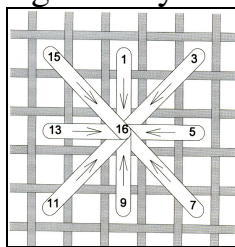
Polstitches Lavender and Lilacs Perle No 8

Stitch with one strand

Begin at 1 and working through to 80 in the direction and thread count Demonstrated in diagram. Apply the diagram to other Tulip motifs in the chart.



Algerian Eyelet

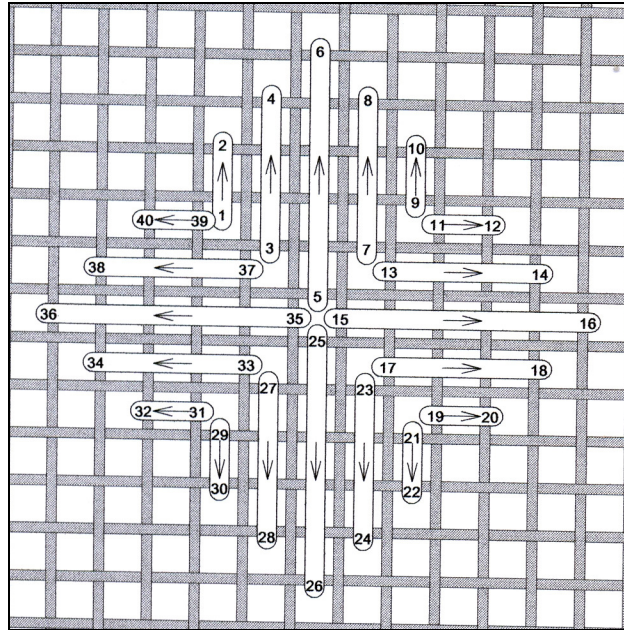


20 Ice Pink

Stitch with 1 strand

Begin at 1 and working through to 16 in the direction and thread count demonstrated in diagram. Refer to chart for placing.

Diamond Motif

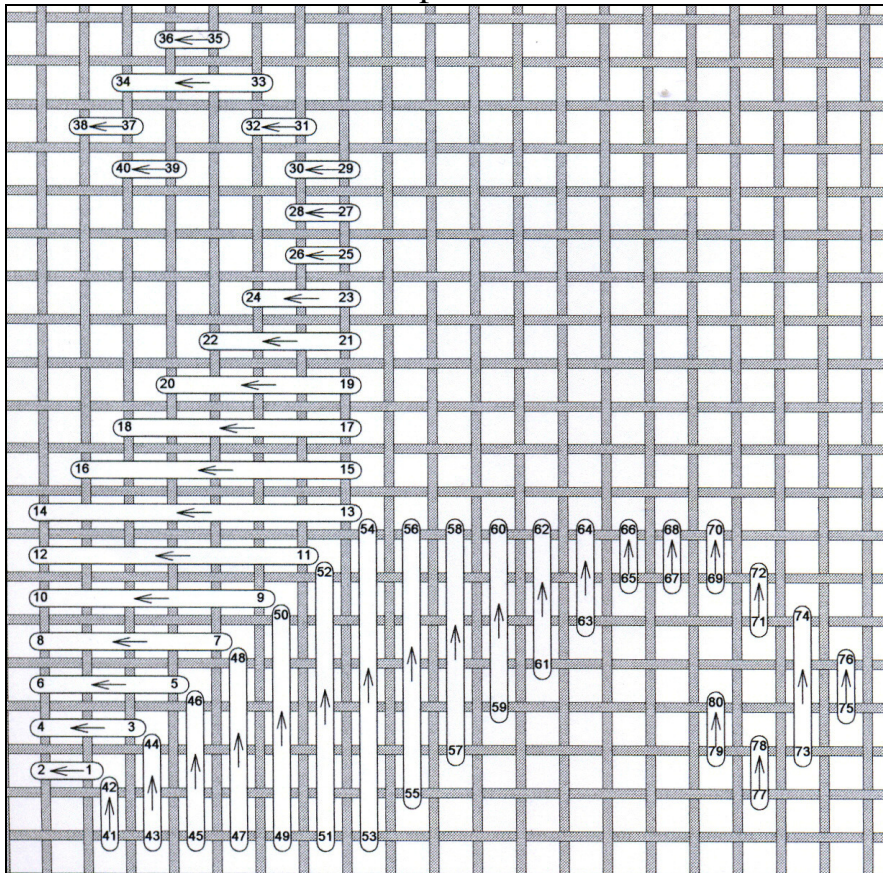


20 Ice Pink

Stitch with 2 x strands

Begin at 1 and working through to 40 in the direction and thread count demonstrated in diagram. Refer to chart for placing.

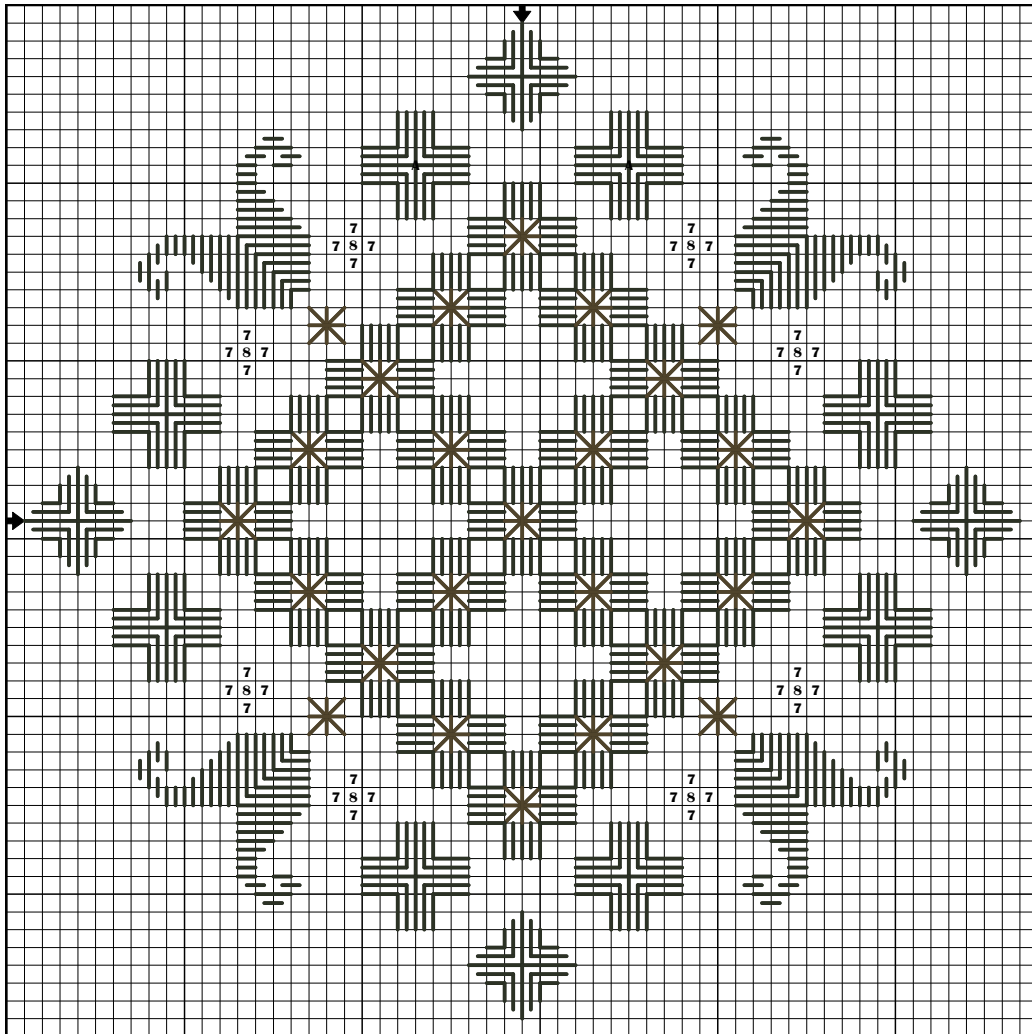
Tulip Motif



Polstitches Lavender and Lilacs Perle No 8

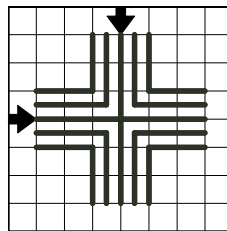
Stitch with one strand

Begin at 1 and working through to 80 in the direction and thread count Demonstrated in diagram. Apply the diagram to other Tulip motifs and refer to chart for placing.

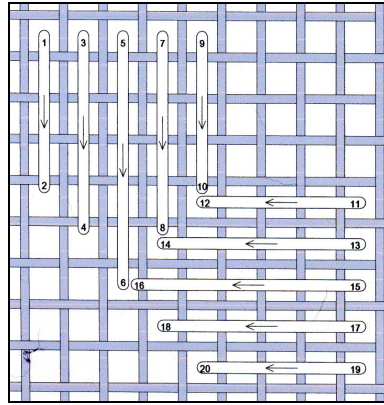


Please note Every square on main charts = 2 fabric threads

Kloster Block Motif



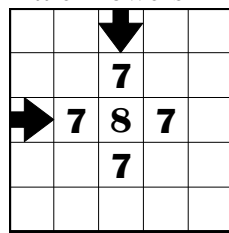
As seen on main chart



1 line on diagram = 1 Strand on fabric

- 8 With 2 strands x 28 Hint of Mint stitch the above kloster block motif the in the direction and thread count demonstrated on the diagram and chart. Rotate the diagram to complete all the four side of the motif

Little Flowers



Stitch the little flowers as demonstrated on the chart using the following stitching key

- 7 = 4 Moonbeam x 2 strands (full cross stitch)
 8 = 34 Glints of Gold x 1 strands (French Knot)

Cutting

1 Before doing any cutwork, check the satin stitches again to be certain there are no mistakes.

Diagram 1



We have 4 separate kloster block sections to cut, each one being identical. Let's start by working on one of the 4 areas. Looking at the Diagram 1, you will see that 4 threads run

vertically between the two black lines marked on the diagram. These are the four threads (**only**) we are going to snip at either end and remove with a pair of tweezers. Let snip one thread at a time. Here goes.

Insert the tip of the scissors under the first thread next to the bottom kloster and bring it out at the other side so that the thread is gently sitting on your scissor blade. With care not to add too much tension on the thread, very slightly angle the scissor blade towards the kloster block at the same time pushing down on the kloster threads very gently for a close cut.

Check constantly that the kloster block threads are not in the way of the scissor blades for when the final snip is made.

Carefully snip as close to the satin stitch as possible without cutting the Polstitches Perle used in the kloster block. Repeat the process at the other matching end of the thread at the top kloster block and remove the cut thread with a pair of tweezers. Now carry on to cut and remove the other three threads along that kloster block top and bottom.

Diagram 2



Follow the above Diagram 2 and use the same method to cut the marked areas only.

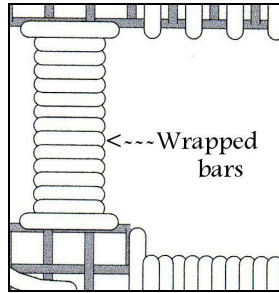


Finished cut area now carry on and cut the other 3 areas exactly the same as the one you have just completed

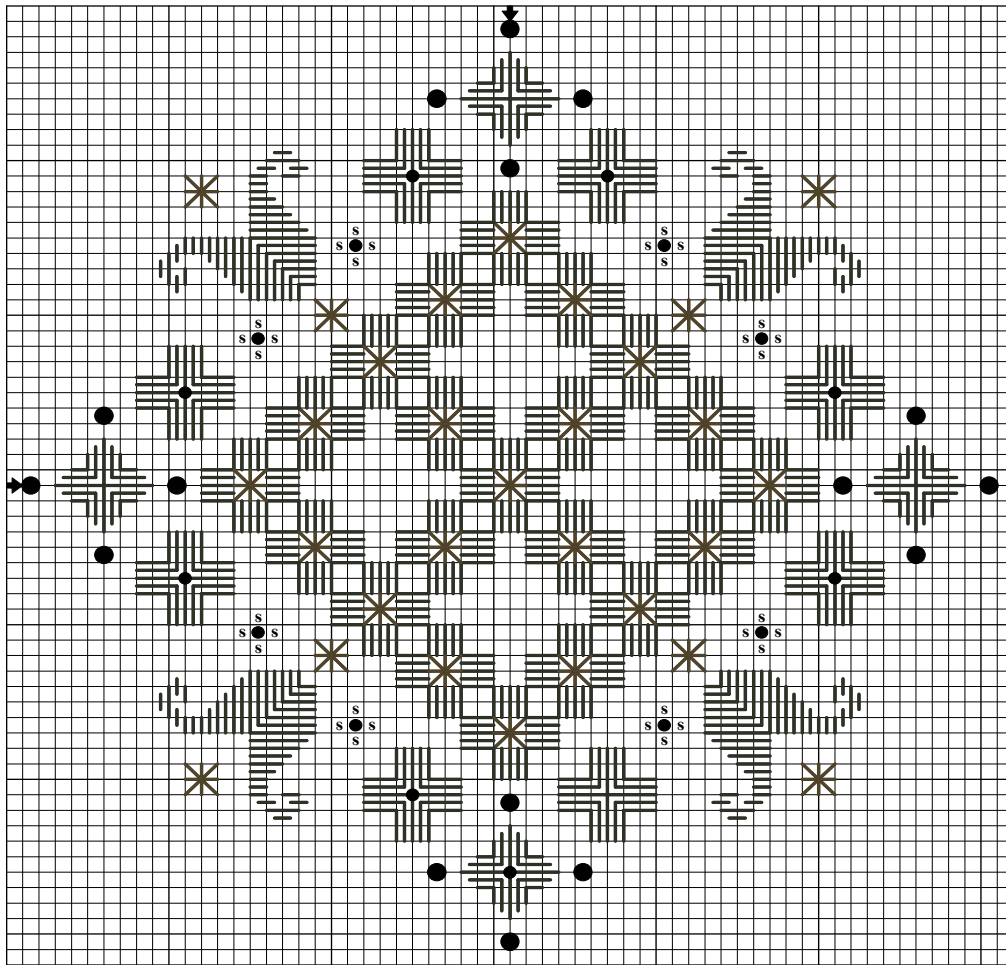
Week 5 Main diagram

Wrapping Bars

Use Polstitches Lavender and Lilacs Perle no 8 and wrap the five exposed threads continuing till you reach the end of the bar, complete each bar with an odd amount, but identical number of wraps. Then slip the needle under the threads on the reverse to the position of the next bar. Continue till all the bars are wrapped



Please note
Every square on main charts = 2 fabric threads



Beading

*When beading attaching each bead with a full cross stitch

Kloster Block Motif in border • = Mill Hill petite 42010
 Diamond Motif as demonstrated on chart ● = 2mm white pearls
 Tulip Motif (optional) Oat bead instead or stitch an Algerian eyelet if preferred. Refer to the
 algerian eyelet marked on chart for placing